What is Team Handball?

- Invasion game, comparable in directive to water polo.
- Massively Popular in Europe (Denmark, Germany, France, etc.), Middle East, North Africa and Asia.
- Olympic sport since 1972
  - Second most popular sport (ticket sales) at 2016 Summer Olympics.
- Professional Men’s and Women’s Leagues throughout Europe, Middle East, North Africa and Asia.
What is Beach Handball?

- Invasion game, similar to Team Handball, although rules are in place to reward creativity and artistry, and restrict contact.
- First European Championship in 2000.
- International Rules established in 2002.
- In pipeline to become Olympic sport.
Essential Differences between Team and Beach Handball

- Team Handball is played indoors on a court, while Beach Handball is played outdoors in the sand.
- Team Handball permits checking (contact), while Beach Handball punishes it.
- Team Handball is played with six court players and a goalie, while Beach Handball is played with four players, one of which is a goalkeeper.
- In Team Handball, you can only score one point per goal, while in Beach Handball, you can score an extra point per goal for dynamic plays such as kempas (alley-oops) and 360-degree shots, or if the designated goalkeeper scores.
- In Team Handball, there is a limited substitution area on one side of the court, while in Beach Handball, there is a significantly larger substitution area on both sides of the court.
Space and Equipment

- Court Space
  - Flexible and Amenable
    - Gymnasium, Grass, Sand, Asphalt.
    - Good for both Team and Beach Handball
    - Adjust size of goals, length of court, and number of players.

- Equipment
  - Balls
    - Softees and Kangaroo Team Handballs
    - Practice Handballs and Competition Handballs
  - Goals (4x5, 5x7, regulation size)
  - Training Tools
    - Poly spots, training discs, cones.
  - Pinnies
Launching a Program

- Staffing and Training
  - Administration
  - Coaches
  - Players and Parents
- Establishing Training Guidelines
  - Guidebook
  - Webinar
  - Seminar
Keys to Launching a Successful Program

- Generate interest within the community by holding a free camp or practice for players.
  - These opportunities take the “no” away from prospective families.
  - These camps and practices are easy to run, as they are introductory and free-play based.

- Identify key stakeholders within the community.
  - Administration
  - Coaches
  - Players and Parents

- Partner with local schools on a team handball or beach handball initiative.
  - Once initiated, this partnership between local parks & rec departments and local school systems can be an invaluable resource for long term success of a program.
  - Schools are always looking for new programs with which to partner, offering new opportunities for students that promote physical literacy and improved well-being.